



Metz Recreation Center

2407 Canterbury Street 512-478-8716

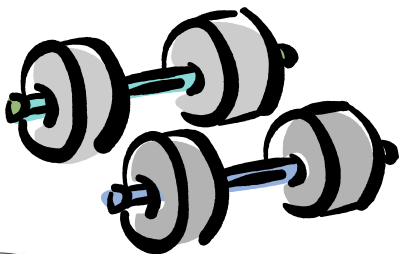
Core Class



Have you always wanted flat abs's or
better yet a Six Pack.

HERE IS YOUR CHANCE

Come and workout with Albert Casarez.
He will give you a fun workout your body
will not believe.



TUESDAY & THURSDAY

6:00PM –7:00PM



<http://www.austintexas.gov/departments/metz-recreation-center>

The City of Austin is proud to comply with the Americans with disabilities act. If you require assistance for participation in our programs or use of our facilities please call 512-478-8716